Naleczow

Naleczow is a city in the district of Pulawy which is located in Lublin Province. It is the administrative seat of the urban and rural county of Naleczow and lying within the Kazimierz Landscape Park in the north western section of Lublin Uplands on the Naleczow Plateau. The resort has the characteristics of a lowland spa found at the confluence of the River Bochotniczanka and the River Bystra which is a tributary of the River Vistula. The resort benefits from a lowland climate that is mildly stimulating and moderated by the surrounding terrain and lush vegetation. Naleczow lies in the warmest bioclimatic region of the country.

The basic elements utilised by the health spa are this climate, the natural waters, which are rich in bicarbonates of carbon and iron, and also the therapeutic mud that is found here.

The original settlement on this site was called Bochotnica. Its origins can be dated back to turn of the 8th and 9th centuries, when a castle was built on the hill, known today as Mount Poniatowski, which overlooked the surrounding area. In the first half of the 14th century the parish of Bochotnica was founded and a parish church still stands on the same spot. In the same century the village was recognised under German law. In 1751, these lands that belonged to Aleksander Galezowski were bought by Stanislaw Malachowski who, in 1772, changed their name to Naleczow, after his family's heraldic name. After the January Uprising in 1863 the entire Naleczow estate was bought by Michal Gorski as at the beginning of the 19th century the healing properties of the local waters were discovered and used by three Siberian doctors, Fortunat Nowicki, Waclaw Lasocki and Konrad Chmielewski. The already-functioning resort was modernised by the end of the 19th century with funds supplied by the owner of Naleczow, Michal Gorski who created a spa resort in today's form of a garden city and place Naleczow on the map as a medical and cultural centre. Numerous villas were built in the style of Swiss and Italian resorts and the 18th century Spa Park was enlarged with new avenues and enriched with exotic species of trees. The Palm House, the mineral water pump and tap room, numerous galleries and cafes and a ballroom gave the spa resort an aura of elegance. Former patients have included Stefan Zeromski, Boleslaw Prus and Henryk Sienkiewicz as well as many financiers, industrialists and politicians. Much damage due to vandalism was caused to both the spa and the town itself during World War I but the spa was rebuilt between the wars and returned to its former glory. By 1928 Naleczow obtained the status of a spa which, since then, has operated under the management of the Spa Council. Another suspension in operation occurred due to the outbreak of World War II but Naleczow was back in business by 1954. In 1963 Naleczow received its city rights.

Today Naleczow is a modern fully equipped spa and the only one in Poland specialising in the treatment of patients with cardiac complaints. Thanks to the high positive ionisation of the atmosphere that supports the specialised natural spa treatment of hypotension and helps with the process of recovery. Top specialists in diagnostic cardiology, rehabilitation, balneology and physical medicine prepare individualised treatment programmes, identify required treatments and carry them out. Cardiovascular conditions are the primary ailments treated in Naleczow but there are also excellent facilities here for the rehabilitation of patients after myocardial infarction and cardiac surgery. It is worth making a gift to your heart and by going to Naleczow.
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http://www.naleczow.pl/