



Medical tourism in Poland

guidebook

Please read about selected health care units in Poland offering the highest quality of services. The presented clinics have experience in treating foreign patients and are open to international cooperation.

Medical tourism develops dynamically. According to the estimates of Institute for Medical Tourism Research and Development (www.ibirtm.pl), in 2018 Poland was visited by 182,000 foreign patients who recovered thanks to modern knowledge and technologies, as well as experienced teams of doctors. Foreign patients choose Poland due to professionalism at competitive prices.

This catalogue was designed so that you can quickly find the clinic which offers treatment of specific diseases. Thanks to the map at the end of the catalogue, it is easy to find out about convenient transport. Foreign patient caregivers wait for contact from you at the specified telephone numbers.

The publication was created in cooperation between Fundacja PROTURMED, which handles the promotion of Polish medical tourism, and medical marketing agency BlueProgress, which also supports foreign patient service.

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Private Obstetric and Gynecological Clinic Tomaszewski

Klinika Tomaszewski



ul. Parkowa 6, Białystok 15-224
www.klinika-tomaszewski.pl

Offer for foreign tourists:

- Assistance with obtaining a visa
- Transport from the airport to the clinic
- Assistance with recovering treatment fees
- Assistance with finding accommodation

We speak:

English, Russian, German, Italian

Foreign patient caregiver:

Ph.D. Maciej Tomaszewski
+48 606 674 608
MSc, MBA Kamil Dakowicz
+48 576 071 774 (Viber)

1993

year of foundation

35

doctors employed

1700

surgeries

750

births

Our strengths:



- Friendliness of local people
- Clean region
- The oldest private gynaecological clinic in Poland

Location:



- Warszawa - 200km - Białystok
- Lublin - 250km - Białystok
- Grodno - 83km - Białystok
- Vilnius - 300km - Białystok

Tourist attractions:



- Białowieża Forest
- Tykocin

Our offer:

Since 1990s Tomaszewski has been the name associated with the best medical practice in north-eastern Poland. Thanks to international cooperation with health care units around the world and ongoing improvement of staff qualifications, we set the quality standards for medical care in this part of Poland. Overall, we employ 120 people and have already served 2,530 patients.



- orthopaedic
- neurological
- post-injury

TriVita

– Modern Polish Care & Rehabilitation Centre



ul. Krakowska 73,
43-353 Porąbka
tel/fax: 33 432 25 50,
biuro@trivita.pl
www.trivita.pl

Offer for foreign tourists:

Assistance with obtaining a visa
Transport from the airport designed for
the carriage of disabled people

We speak:

English, German and Russian

Foreign patient caregiver:

Robert Klimek +48 504 550 698
robert.klimek@trivita.pl

2016

year of foundation

130

beds

23

affiliated
doctors

100

stationary pa-
tients in 2019



Our strengths:

Picturesque surroundings
Modern equipment
Complex rehabilitation



Location:

85 km away from
the Katowice Airport
65 km away from
the Kraków Airport



Tourist attractions:

Żar mountain with a cable car
at the Żywiec Lake

Our offer:

- 24-hour care including rehabilitation therapy
- outpatient neurological, orthopaedic, cardiological, etc. rehabilitation services
- specialist clinics

Specialised nursing staff, supported
with regular visits of specialist doctors,
provides high-quality and safe standard
24-hour care, 7 days a week.

Our pride:

Modern rehabilitation technologies:

- SaeboFlex orthosis – for brain stroke and trauma victims, thanks to which the patients quickly manage to recover the highest dexterity.
- Biofeedback therapy – therapy on the French stabilometric platform using motion sensors is a natural extension of therapeutic opportunities for our patients.
- Deep electromagnetic stimulation – Salus Talento is the only device for deep stimulation in the market that provides effective and non-invasive therapy.
- Membrane massage – “dry” hydromassage.

We take utmost care to make sure that our patients not only stabilise their health, but also significantly improve it, thanks to the selection of an individual exercise program.





Medicover Hospital

Szpital Medicover



Medicover Hospital,
Al. Rzeczpospolitej 5
02-972 Warszawa
szpital.medicover.pl/en

Offer for foreign tourists:
Individual patient caregiver
Assistance in transport from the airport
Booking hotel near the hospital with discount for patients

We speak:
English, Russian, Spanish, Arabic, Polish

Foreign patient caregiver:
opm@medicover.pl
+48 500 900 900

350
doctors

290
nurses

57
single rooms
(including VIP
suites)

175
hospital
beds



Our strengths:
Experienced specialists
Advanced technology
Comfortable hospital stay conditions

Location:
10 km to the Warsaw Airport
48 km to the Modlin Airport

Tourist attractions:
Old Town in Warsaw
- capital of Poland
Palace and Park in Wilanów

Our offer:
• NIE MA TŁUMACZENIA ANGIELSKIEGO!

Our wards:
cardiology, cardiac surgery, urology, internal diseases, surgery (laryngology, orthopaedics, bariatrics), obstetrics, gynaecology, neonatology, paediatrics, anaesthesiology and intensive care. We also have the emergency department.

Our pride:

- We offer complex medical care in the modern general hospital (opened in 2009).
- We have a diagnostic centre with top equipment, including:
 - 2 MRI devices
 - tomograph
 - 6 ultrasound systems
 - system for IVUS hemodynamic diagnostics
- We work with the latest da Vinci robotic surgical system.
- We have numerous certificates and accreditations (including accreditation from the Polish Ministry of Health).
- We have already served 63,000 patients, including over 11,600 foreign patients.





Carolina Medical Center



ul. Pory 78; 02-757 Warszawa
<https://carolina.pl/en/home/>

Offer for foreign tourists:

- Free-of-charge analysis of medical documentation
- Quick access path
- TV channels in foreign languages

We speak: Polish, English, Russian, French, German

Foreign patient caregiver:

Danuta Milanowska
+48 22 355 84 48, +48 693 880 698
danuta.milanowska@carolina.pl
international@carolina.pl

Magdalena Wierzbicka
+48 22 355 83 18, +48 887 800 140
magdalena.wierzbicka@carolina.pl

1998
year of foundation

40
doctors

30
beds

1500
surgeries per year



Our strengths:

- Complex diagnostics
- Innovative treatment methods
- Cooperation with specialists



Location:

- 7 km to the Warsaw Airport
- 20 km to the Modlin Airport



Tourist attractions:

- Galeria Mokotów (mall) - 3.5 km
- Łazienki Królewskie (park) - 4 km
- Pałac Kultury i Nauki (Palace of Culture and Science) - 7 km
- Museum of Life under Communism - 5 km

Our offer:

Carolina Medical Center is specialised in low-invasive surgical methods, which allow for minimisation of pain and significantly quicker return to full fitness. We perform arthroscopic surgeries of all joints, reconstruction of tendon, muscles and ligaments, we implant joint prostheses, we perform meniscus transplantation and neurosurgical spine surgeries.

Our pride:

Carolina Medical Center is one of the few health care units in the world to have received the title of FIFA Medical Center of Excellence. By awarding this distinction, the International Federation of Association Football appreciated our expertise in treatment and prevention of football injuries, promotion of preventive healthcare and education of subsequent generations of sports medicine specialists.

In 2019 we have also been named one of the best hospitals in the field of medical tourism by the specialist magazine International Medical Travel Journal which placed us on their TOP 10 list.



Head of our Department:

Łukasz Luboiński is an orthopaedics and traumatology specialist. His

particular areas of interest include multi-ligament knee reconstructions, correction osteotomies, treatment of injuries of soft tissues, tendons and ligaments, including Achilles tendon percutaneous plasty and conservative treatment of damage of this tendon.





Amethyst Radiotherapy Center

Centrum Radioterapii Amethyst



ul. Złotej Jesieni 1
31-826 Kraków

<https://centrum-radioterapii.pl>

Offer for foreign tourists:

- Transport designed for the carriage of disabled persons
- Translation of documents
- Hotel accommodation

We speak:

Polish, English, French, Italian, Ukrainian

Foreign patient caregiver:

Przemysław Zachwieja
+48 885 050 545
p.zachwieja@amethyst-rtcp.pl

2013
year of foundation

30
beds

3000
patients per year

12
doctors



Our strengths:

Experienced specialist team
Modern and renowned equipment



Location:

30 minutes away from
the Kraków Airport
20 minutes away from the railway
and bus station in Kraków



Tourist attractions:

Main Square - the largest in
Europe
Wawel Royal Castle
Former Jewish District
of Kazimierz
Wieliczka Salt Mine

Our offer:

- Radiotherapy (irradiation) is a local treatment method whose impact is restricted to the tumour location. In our centre, there are 3 modern Elekta devices.
- Brachytherapy consists in direct irradiation of cancer by placing the radiation source in the tumour.

- Patients and their families may use the assistance and advice from:

- psycho-oncologist
- dietetician

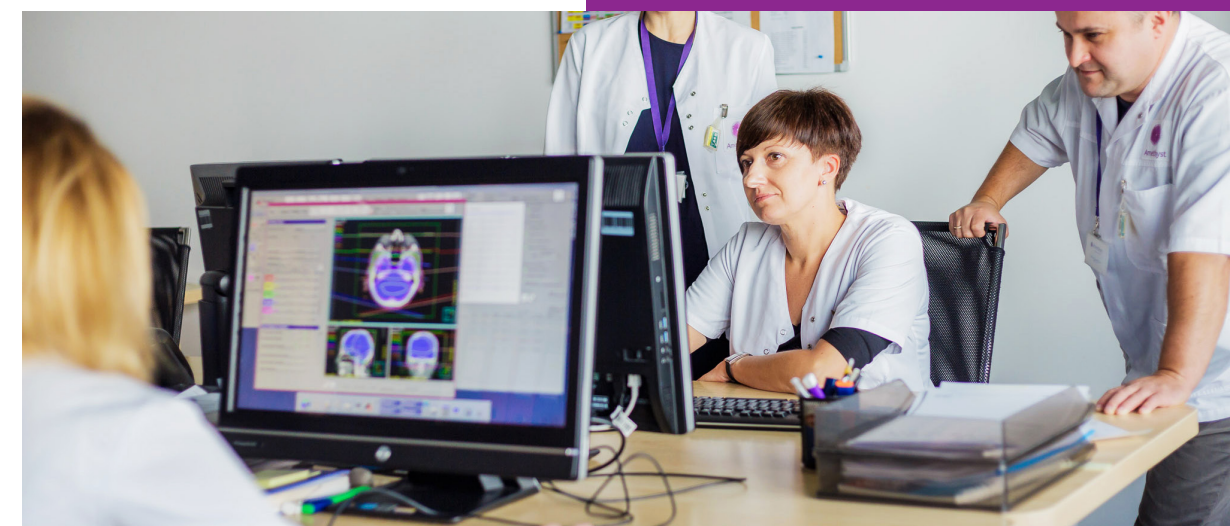
Our pride:

Our centre is the largest private unit of its kind in Poland.

We are a part of the international group which has centres in Italy, France and Austria. We also conduct research and teaching activities.

In our centre, we use all available radiotherapy treatment methods, including 3D radiotherapy, IMRT, VMAT, stereotactic radiotherapy, brachytherapy, which reduce the irradiation time and maximise the irradiation dose on the sick spot, thus improving the efficiency of treatment and minimising the side effects.

Thanks to the immediate neighbourhood and close cooperation with Ludwik Rydygier Specialist Hospital in Kraków, we can obtain complex oncological treatment, including chemotherapy and oncological surgery, in one place.





Scanmed St. Raphael Hospital

Scanmed, Szpital Św. Rafała



ul. Adama Bochenka 12,
30-693 Kraków
swrafal.pl ; scanmed.pl

Offer for foreign tourists:
medical transport from/to the airport

We speak:
English, Russian, Arabic
Foreign patient caregiver:
komercja@scanmed.pl
Żaneta Brągiel +48 669221138
zaneta.bagiel@scanmed.pl
Ewelina Stopa +48 785057870
ewelina.stopa@scanmed.pl

2009 year of foundation
200 specialist doctors

10 thous. surgical treatments per year
150 beds



Center for Laser Treatment of Varicose Veins and Proctologic Diseases VenoMedica



ul. Zakładowa 14a, 50-231 Wrocław
telephone no. 530 551 333
e-mail: kontakt@venomedica.pl
www.venomedica.pl

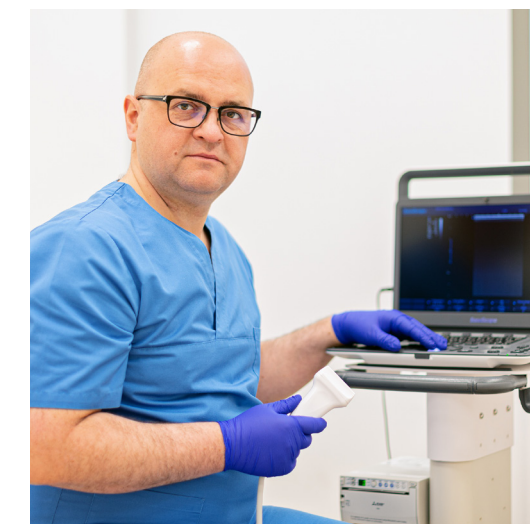
Offer for foreign tourists:
Transport from the airport designed for
the carriage of disabled persons
Assistance with finding accommodation

We speak:
Polish, English, German, Italian, Russian
Foreign patient caregiver:
Małgorzata Zapotoczna
+48 607 040 728
e-mail: m.zapotoczna@venomedica.pl

Location:
19 km from the Wrocław Airport
(1 km from the ring road exit)

Our offer:

- complex diagnostics of varicose veins and proctologic diseases
- low-invasive laser treatments:
 - EVLT - endovenous laser vein ablation
 - SiLaC – laser removal of pilonidal cyst
 - LHP - laser removal of haemorrhoids



Our strengths:

- Modern equipment
- Experienced medical staff
- Comprehensive medical services

Location:
20 km to the Airport in Kraków
113 km to the Katowice Airport

Tourist attractions:
Old Town in Kraków
Wawel Royal Castle
Wieliczka Salt Mine

Our offer:

- Minimally invasive, microscopic surgeries of cervical, lumbar and chest discopathy
- spinal degeneration surgeries
- spinal stabilization treatments
- peripheral nerve surgeries
- shoulder, knee and hip joint arthroscopies
- endoprosthetics and joint revision surgeries
- limb reconstruction surgeries
- cataract surgeries, strabismus surgeries



OKULUS PLUS

Ophthalmology and Optometry Center



43-300 Bielsko-Biała,
ul. Górská 19
43-600 Jaworzno,
ul. Nowa 8
okulus@okulus.pl

www.okulus.pl; e-kwalifikacja.okulus.pl

Offer for foreign tourists:

- Accommodation organisation
- E-qualifications
- Assistance in organising the shortest path for treatment.

We speak English.

Foreign patient caregiver:

Katarzyna Gogacz
kgogacz@okulus.pl
+ 48 608 148 966
+ 48 33 816 25 78

97,5%

satisfied patients

1800

treatment procedures per year

20thous.

patients per year

17years

of experience



Our strengths:

- Innovative treatment methods
- Same-day surgery
- Clinical trials



Location:

- 90 km away from the Kraków Airport
- 100 km away from the Katowice Airport



Tourist attractions:

- Żywiec Lake
- Silesian Beskid mountains

Our offer:

- complex diagnostics and treatment of eye illnesses
- vision corrective surgeries
- cataract removal and sight correction surgeries
- outpatient surgical procedures
- specialist equipment
- doctors with clinical experience

Carolina Medical Center

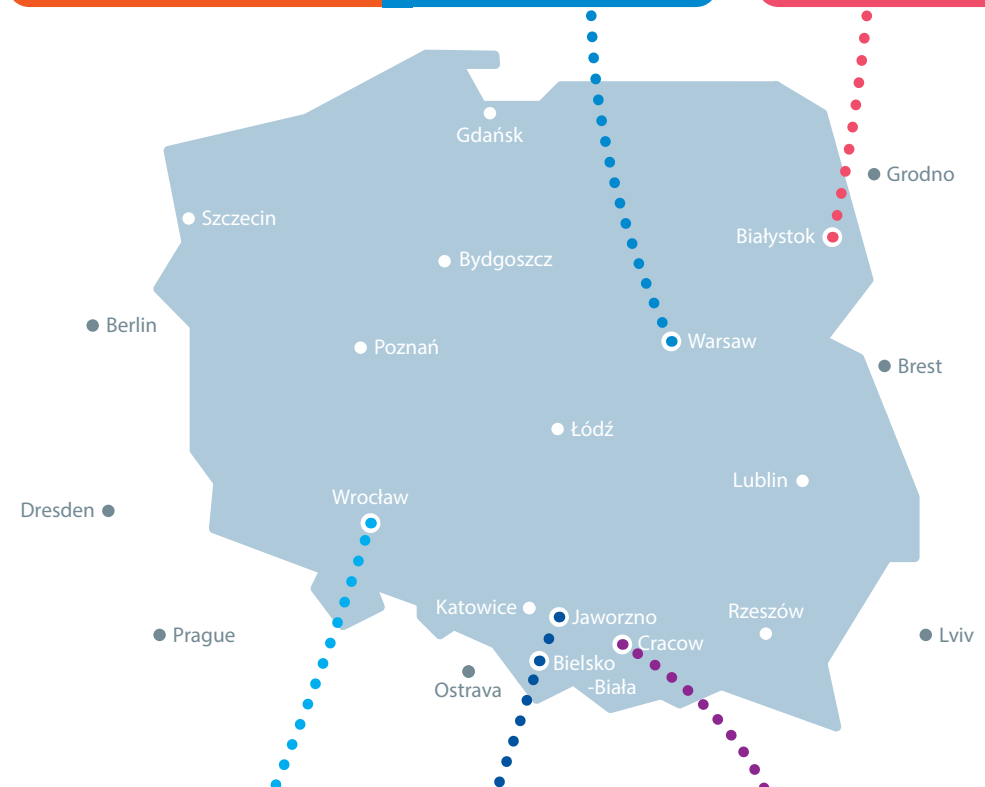
- Warsaw
- orthopaedics
 - urology
 - rehabilitation

Medicover Hospital (general ward)

- Warsaw
- urology
 - bariatrics
 - diagnostics

Tomaszewski Clinic

- Białystok
- gynaecology
 - obstetrics
 - neonatology



Center for Laser Treatment of Varicose Veins and Proctologic Diseases Venomedica

- Wrocław
- vascular surgery
 - phlebology
 - proctology

Okulus Plus

- Bielsko-Biała, Jaworzno
- ophthalmology
 - optometry
 - vision therapy

Trivita

- Porąbka (17km from Bielsko-Biała)
- rehabilitation:
- orthopaedic
 - neurological
 - post-injury

Amethyst

- Cracow
- oncological radiotherapy

Scanned, st. Raphael Hospital (general ward)

- Cracow
- orthopaedics
 - oncological surgery
 - ophthalmology

Year of issue: 2019

If you are interested in cooperation in the field of medical tourism, please contact Fundacja PROTURMED, biuro@proturmed.pl

More information on medical tourism in Poland can be obtained at the Institute for Medical Tourism Research and Development on the following websites:
www.ibirtm.pl and www.turystyka-medyczna.com

This catalogue is also available online (in English and Ukrainian) on the following websites:
www.blueprogress.eu, www.proturmed.pl. Catalogue circulation: 2,000